

RULES AND GUIDELINES

I) What Is Our Financial Responsibility?

(included in your trip cost- app. \$1400)

- A) Flight, and customs fees.
- B) Three meals per day.
- C) Travel expenses in Peru
- D) Hotel
- E) Any extracurricular activities *(IE: ruins, or purchases while Doing "tourist" activities).*
- F) Luggage Fees *(assumes you stay within defined weight limits)*
- G) International Fees *(IE: Peru excise fee, airport fees)*

II) What Is Your Financial Responsibility? *(after initial cost)*

- A) All food while still in the U.S.A.- during travel, and airports.
- B) Any souvenirs, or items purchased in Peru.
- C) Any snacks, or extra food that you may desire.
- D) If a question comes up as to what is covered, ask- b/c we will have a limited budget to work with while in Peru.
- E) A thrifty-moderate shopper shouldn't need more than \$200 *(App. \$50 for food/ snacks would suffice as a minimal amount)*

III) What Is Expected Of You During The Trip?

- A) To go with an attitude of service, we will be stretched!
- B) Be careful what you buy and who you buy it from. If possible check with a leader or local asst. before any purchases.
- C) Try to smell good and have a clean appearance at all times so that our testimony isn't lacking in any way.
- D) Remember you are representing Jesus in all that you do, and every place we visit- so please always shine His light in all that you do!
- F) Follow instructions at all times, and if you have a differing opinion or a grievance, please bring it to Matt or Aracelli's attention privately.
- G) Be willing to try new things, and serve in new facets.
- H) Prayer every night of crusades, and service with a smile. *(If you are uncomfortable praying alone you may pair up)*
- I) To come prepared personally (be in prayer/fasting) expecting GOD to move through you in ministry.
- J) Try to come well-rested, b/c this will be a lot of work.
- K) Do not listen to the advice of any locals, including our assistants unless we tell you otherwise. For now Matt, Joanne, and Elias are your only leaders.
- L) Never leave your valuables, especially your ID, unattended or out in the open. We would suggest purchasing an undergarment money holder.

IV) What Should You Bring On The Trip?

- A) BIBLE
- B) Snacks, if you desire to (*Snacks are avail. to purchase cheap in Peru*)
- C) Spending Money
- D) Spanish/English Dictionary if you have one.
- E) Toiletries:
 - I) Soap & Shampoo (*Hotel brand avail. for free*)
 - II) Toothbrush & Toothpaste
 - III) Toilet Paper (*sounds crazy, but trust me*)
 - IV) Lotion
 - V) Instant Hand Sanitizer (*plenty-you will use it*)
 - VI) Shaving Items
 - VII) Hair care Products (*gel, hairspray, etc..*)
 - VIII) Deodorant & Cologne/Perfume
- F) Medicines:
 - I) Painkillers (*Tylenol, aspirin, etc...*)
 - II) Stomach (*Mylanta, Pepto Bismol, etc...*)
 - III) Feminine Products
 - IV) Altitude Sickness patch/pills (*if desired*)
- G) Gum/Mints
- H) Clothing:
 - I) Enough undergarments for 12 days
 - II) Socks (*pack at least 6-8 dress socks*)
 - III) Men- Enough suits/pants/dress shirts/shoes for 6-8 nights of crusades (*it's ok to us same shirt/suit more than once*)
 - IV) Women- Lots of long skirts with nice blouses, **No pants** during crusades or church visits.
 - V) A few casual outfits for free time and the day off.
- I) Things to Hand Out: (*IF YOU DESIRE TO*)
 - I) You can purchase second hand clothes/suitcases, etc.. to wear one time and give out to someone.
 - II) Candy (*only during indicated times*)
 - III) Gifts for pastor/workers/teachers
 - IV) Check with us if you plan on bringing anything else, And be aware that this section is optional.
- J) Camera/Camcorder
- K) Something to carry valuables/ID in that you can carry with you at all times (*ie: above mentioned undergarment holder*)
- L) Alarm Clock/Cell with Alarm/Watches (*battery operated*)
- M) Everyone must bring 2 suitcases and one carry-on. One suitcase will be filled with supplies and the other is yours.
- N) A portable voltage converter/transformer
- O) Diary or notebook- many people love to document the adventure!

V) Do Nots:

- A) Do not eat food from vendors w/o our consent.
- B) Do not eat vegetables, or fruits without our consent.
- C) Do not change any money unless we direct you to.
- D) Try not to accept gifts, if someone pushes, then graciously accept if it is nothing extravagant and after you've checked with a leader.
- E) Do not give out candy unless otherwise instructed. You will get mobbed and it won't be pleasant!!
- F) Don't be disrespectful toward anyone, especially regarding their culture and/or cuisine. **Watch facial expressions!!**
- G) Do not go anywhere without letting us know first. Even across the street to the store or internet café.
- H) No smoking during trip, even on free time. 100% smoke free!!
- I) Do not pull out money in public areas, if you are shopping, keep a small amount of cash set aside to purchase with.
- J) Watch any hand motions, some are offensive in Peru.
- K) Do not be afraid to interact, the Peruvian culture is pretty darn open. You can hold kids, give a kiss on the cheek, hug people, or lay hands on people when praying, etc...
- L) Do not cry in front of impoverished individuals when put in an uncomfortable situation, it could seriously offend them!
- M) Do not be afraid to try new things. You'll be presented with new food, cultural practices, language, clothes etc... You will be pleasantly surprised as to how inviting and accepting the locals are and how much it means to them when you make an effort to try to fit into their culture.
- N) Do not express distaste for anything to any locals. If something is not to your liking let us know and we will rectify it.
- O) Do not think you're invincible! Be cautious and let us know immediately if you feel ill, weak, weary. Altitude and the new food pathogens will affect everyone differently. It's ok to rest or get meds!
- P) Don't be afraid to dive right into the culture. Peru is an amazing land filled with incredible and loving people and it's ok to immerse yourself in the people and the culture. The people of Peru are patient and love attempting to converse cross-culturally. Have fun and get ready to be used like never before!!!